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MONDAY Culture **TUESDAY** Style **WEDNESDAY** Celebrity **THURSDAY** Beauty **FRIDAY** Food & Drink **SATURDAY** Travel **SUNDAY** Home

LOOKING AND FEELING GOOD HEAD TO TOE FOR NEW YEARS EVE 2010!



THE STORY OF THE DAY

We took an informal poll around TheStyleLabOnline.Com offices to see what exactly the must-have accessories for New Year's Eve are, and besides the requisite list of resolutions that we all know won't last long past 12:02 am, everyone said they needed to have the perfect (read: uncomfortable) shoes and shimmer.

Now, we're not gonna tell you what shoes to buy, you shoulda done that by now! But we can definitely tell you how to make your feet feel good and get your shimmer on:

FEET

Full disclosure here, we have never worn a shoe we didn't like, but we have certainly worn shoes our feet abhorred. And when getting all dolled up on NYE we know our feet will suffer. So here's how to treat them nice so they don't go on strike—we do need them to dance after all.

Marc A. Brenner, a well-known podiatric physician with a practice in Glendale, NY concurs that a night in heels may leave feet blistered and swollen, so after a night of dancing:

- Soak feet in a cool solution of burrows or epsom salt.
- Dry feet completely and massage (or enlist your drunken honey to do it) for 10 minutes with an oil based ointment such as Kerol One Step Exfoliating Moisturizer Therapy Foot Ointment which exfoliates and moisturizes keeping heels soft.
- Remember to also elevate feet (although you may have already done this! Hee hee), which can provide relief.

We're also lovers of [Spongeables Pedi-Scrub Foot Buffers](#) as they cleanse, soften and refresh even the roughest feet (you have no idea!) and make them feel as soft as silk. One side's a buffer, the other's a softener, all together, we're big foot fans.

Eyes:

[Hard Candy Lash Tinsel](#) will bring the sparkle to your lashes, it's a gel-based mascara with serious sparkle—available in gold, black, purple, silver and copper—match 'em to your shoes!

Hair:

Style your hair with a little more than just shine. [The Limited Edition Shimmer Silky Dirt by Jonathan Products](#) is infused with light-reflecting particles that add brilliance to any hair color. So not only will it shape your hair, but it gives good shimmer to boot.

Hands:

The perfect way to add glitter to your wardrobe is by pepping up your nails, have the manicurist dab [Happy Birthday from Deborah Lippmann](#) on top of any color you already choose.

Body:

No one knows going out as well as Paris Hilton, isn't that her full time job anyway? Along with the myriad of celebs with their own beauty line, [Paris's fragrance Fairy Dust](#) (we laughed at the name too) is cute, but even better is the Body Lotion that comes along with it, you get the sweet smell along with a body full o' glitter when you rub it on.