

WEEKLY

FALL TV
SECRETS!
Insider
Guide



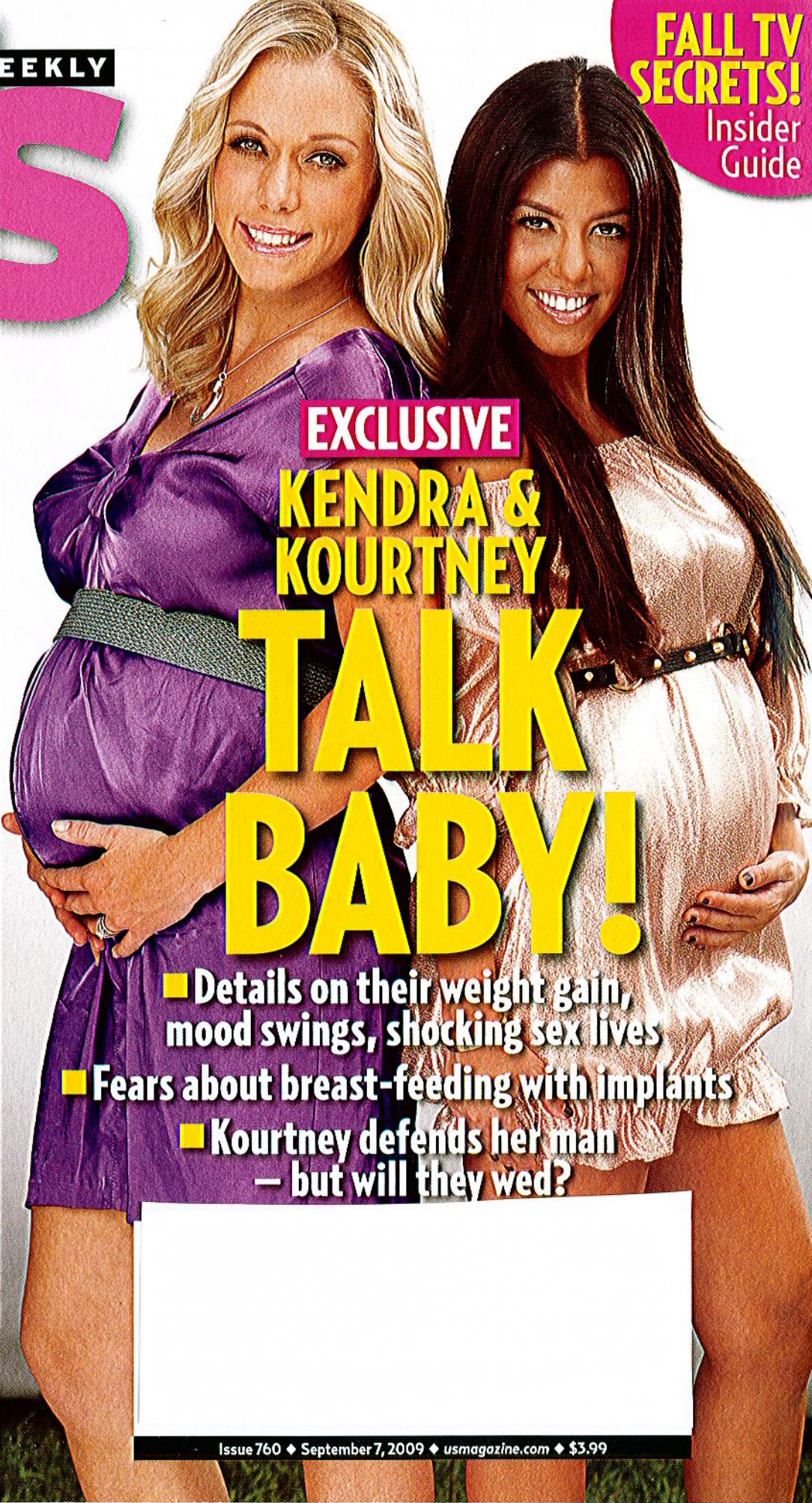
BUSTED AGAIN!

Ed leaves bar with new woman



JEN'S FLING

Sneaking off with her costar



EXCLUSIVE

KENDRA & KOURTNEY

TALK BABY!

- Details on their weight gain, mood swings, shocking sex lives
- Fears about breast-feeding with implants
- Kourtney defends her man — but will they wed?

Hot feet! A-list pros share their tricks for pretty toes and super-sexy legs on the cheap

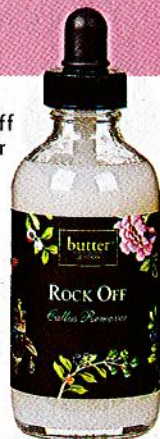
DIY Pedicure

Slough and Soak

Wearing bare sandals or high heels can cause calluses and cracked heels. Smooth feet fast: Apply a callus remover on rough patches, soak feet in lukewarm water for three to five minutes, then scrub with a wet pumice stone, says Hollywood nail pro Jessica, who adds, "Keep skin baby-soft by scrubbing with a foot file twice a week in the shower."

▼ Tweezerman's Pedro Too Callus Stone can be used wet or dry. (\$12, tweezerman.com)

► Apply Butter London Rock Off Callus Remover with a cotton pad. (\$30, amazon.com)



Soften Skin

◀ All About Feet Cracked Heel Treatment contains invigorating peppermint oil. (\$12, amazon.com)

Exposure to the sun can make skin dry and flaky. Rejuvenate soles by applying a peppermint oil-infused cream on the balls and heels at bedtime. For an intensive treatment, "slip on cotton socks too," says Jessica. Moisturize cuticles daily and gently push them back. "This extends the life of your pedi," she says.

► Kerasal One Step Exfoliating Moisturizer Therapy combines two steps into one product. (\$10, drugstore.com)



Polish Perfectly

Paint on lacquer in just two strokes — one left, one right — to keep coats thin. If you smudge, "dab a Q-tip dipped in nail polish remover or flub-fixing product over the nick and smooth out," says Jessica (who's worked with Tyra Banks). Seal with a layer of top coat, "and reapply again the next day to add gloss."

◀ Quickly fix mistakes with Orly's Smudge Fixer if you don't have remover on hand. (\$9, amazon.com)

► NP2 Nail Perfection in Incandescent comes with a detachable top-coat bottle. (\$23, np2beauty.com)



SOPHIA BUSH loves SpaRitual Free Bird, a sheer pink polish. (\$10, skinstore.com)